

# February Newsletter



## Yoga

We are offering Yoga classes on Monday evenings from 6:00-7:00 and on Wednesday evenings from 7:00-8:00 at the Quinta-Gamelin Community Center on Asylum Rd.. Cost is \$7 for walk-ins or \$60 for a 10 punch class card. This class is great for everyone.

## Boston Red Sox

We will be going to see the Boston Red Sox take on the Orioles on Patriot Day, Monday, April 20th. We will be leaving the Quinta-Gamelin Community Center at 8:00 a.m. and game time is 11:05 a.m. Tickets and motor coach transportation are \$80 per person.

## ZUMBA

We have Zumba on Mondays, Wednesdays and Fridays at 4:30 p.m. and Tues and Thurs at 9:30 a.m. and 6:15 p.m., at the Quinta Gamelin Community Center. Classes are \$5 for walk-ins or \$50 for a 12 punch class card.

## PPAC

We will be going to the Providence Performing Arts Center on Wednesday, February 25th, to see the hit show "I Love Lucy". Tickets are \$35.00 per person and include transportation. The show starts at 7:00 and we will leave from the Quinta-Gamelin Community Center at 5:45 p.m.

### Special points of interest:

- February Recreation Board Meeting-Tuesday the 10th.
- Our Office number is 253-1611.
- The Town website is [www.bristolri.us](http://www.bristolri.us)
- Our offices and some of our programs are now in our new building-The Quinta-Gamelin Community Center at 101 Asylum Rd.

## Senior Bowling

Our Senior Bowling Program is held on Thursday's at 9:30 a.m. at Dudeks Bowling Alley in Warren. The cost is \$4.00 per person and includes 3 games and shoes. You do not need to come every week. If you would like to join us for exercise and fun, call for more information.

## Intermediate Badminton

We have an adult intermediate Badminton group that plays on Tuesday evenings at the QG Community Center from 7:15-9:00 p.m. There is no fee to participate. Call for more information.

## Red Sox

We will be going to Fenway on Monday, April 20th, Patriot Day in Massachusetts, to see the Red Sox take on the Baltimore Orioles. Game time is 11:05 a.m. and we will leave the Quinta-Gamelin Community Center at 8:00 a.m. Seating is in Right Field box # 88. Transportation and a ticket for the game is \$80.

## East Bay Fitness Challenge

Great Job to everyone who is participating in our 2nd annual EBFC. Please join our facebook page at Bristol RI EBFC

## Body Defined

This is a low-impact class using light weights with high repetitions. Monday mornings from 9:00-10:00, Wednesday evenings from 6:00-7:00 and Friday mornings from 9:00-10:00. Walk-in fee is \$7 or you can buy a 10 punch class card for \$60.

## Swimming @ RWU

The pool at Roger Williams is open for family swim on Sundays from 1:00-4:00. The cost is \$5.00 per immediate family members. Check the RWU website for up to date scheduling as once in awhile, a swim meet has to be scheduled at this time.

## Boys Basketball

We are offering a second session for Boys Instructional Basketball. This is a 4 week, program that will be held on Saturday mornings from 10:00-11:00 at the Quinta-Gamelin Community Center starting on February 28th, the cost is \$15. Call to register.